

## ACMH 2024 Prenatal Classes

### Breastfeeding Basics (6p-8:30p)

- January 4<sup>th</sup> (Thurs)
- April 4<sup>th</sup> (Thurs)
- Sept 3<sup>rd</sup> (Tues)
- November 5<sup>th</sup> (Tues)

### Newborn Care and Safety (6p-8:30p)

- January 11<sup>th</sup> (Thurs)
- April 18<sup>th</sup> (Thurs)
- September 10<sup>th</sup> (Tues)
- November 12<sup>th</sup> (Tues)

### Prenatal Series - 2 part class series (6p-8:30p)

- February 1<sup>st</sup> & 8<sup>th</sup> (Thurs)
- May 2<sup>nd</sup> & 9<sup>th</sup> (Thurs)
- July 30<sup>th</sup> & Aug 6<sup>th</sup> (Tues)
- October 1<sup>st</sup> & 8<sup>th</sup> (Tues)

### Unit Tours (6p-6:45p)

- February 8<sup>th</sup> (Thurs)
- May 9<sup>th</sup> (Thurs)
- August 6<sup>th</sup> (Tues)
- October 8<sup>th</sup> (Tues)