



**Armstrong Center for
Medicine and Health Hospital
Laboratory Information: (724) 534-8123**

MIDSTREAM URINE SPECIMEN COLLECTION INSTRUCTIONS

The first morning specimen is the preferred specimen for analysis.

Males: Void 25 ml, (first part of the stream) then collect the middle portion of the specimen and finish voiding into the toilet.

Females: Spread labia while urinating. Pass the first portion of the urine stream into the toilet and then collect the middle portion of the stream into the container. Finish voiding into the toilet.

NOTE: Cleansing of the urinary opening area is no longer recommended.

Collection Container: Use a sterile, wide-mouthed container to collect the specimen. The lab will provide you with a suitable container or you may boil a glass jar with a screw-on lid. Allow the container to cool before collecting the urine specimen.

Storage:

Refrigerate specimen immediately after collection and deliver to the laboratory within 12 hours. Specimens must be delivered within two hours if held at room temperature. Maximum refrigeration time for culture is 24 hours.