



## Health History

<b>Medical History - Patient and Family - (Check only if applicable to you. Indicate family member by: (M) Mother (F) Father, (S) Sister, (B) Brother, (A) Aunt, (U) Uncle, (GM) Grandmother, (GF) Grandfather (C) Child</b>					
	You (✓)	Family Member		Please Explain in Detail	
Heart Disease Type:					
Heart Murmurs / Rheumatic Fever					
High Blood Pressure					
Stroke					
Kidney Disease					
Diabetes					
Cancer Type:					
Lung Problems - asthma, TB, other					
Breast Disease or problems (not Cancer)					
Joint Pains / Arthritis					
Easy Bleeding or Bruising					
Anemia					
Seizure disorder / convulsions					
Migraine headaches					
Thyroid disease					
Lymph node disorders					
Hepatitis / Liver disease					
Gallbladder disease					
Stomach disorders / ulcers					
Intestinal problems - colitis, irritable bowel					
Varicose veins / phlebitis / clots in veins					
Birth defects / inherited disease					
Mental defects / inherited disease					
Recent infections or fever					
Multiple Births					
Other medical problems					
Have you ever been transfused: <input type="checkbox"/> Yes <input type="checkbox"/> No                      When? _____ Why? _____ List any unusual childhood diseases: _____ List recent immunizations: _____ Are you or have you been exposed to toxic chemicals? <input type="checkbox"/> Yes <input type="checkbox"/> No                      Explain: _____					
<b>Medications - (Include those nonprescription drugs taken frequently.)</b>					
List medications taken routinely			List medications limited to a current illness		
Drug	Dose	Illness	Drug	Dose	Illness
_____			_____		
_____			_____		
_____			_____		
_____			_____		
_____			_____		

## Health History

### Medical History - Patient (continued)

#### Hospitalizations

Mo/yr	Illness or Operation	Hosp./Doctor	Complications	
			Yes	No
/			<input type="checkbox"/>	<input type="checkbox"/>
/			<input type="checkbox"/>	<input type="checkbox"/>
/			<input type="checkbox"/>	<input type="checkbox"/>
/			<input type="checkbox"/>	<input type="checkbox"/>
/			<input type="checkbox"/>	<input type="checkbox"/>
/			<input type="checkbox"/>	<input type="checkbox"/>

Sexual History	Family Planning	Presently	In the Past
----------------	-----------------	-----------	-------------

<p>Sexually Active?      <input type="checkbox"/> Yes      <input type="checkbox"/> No</p> <p>Frequency: _____ times per _____</p> <p>Painful Intercourse:      <input type="checkbox"/> Yes      <input type="checkbox"/> No</p> <p>Have you ever had a sexual partner who:</p> <p><input type="checkbox"/> used injectable drugs?</p> <p><input type="checkbox"/> had hepatitis?</p> <p><input type="checkbox"/> was bisexual?</p> <p><input type="checkbox"/> had AIDS?</p>	<p><input type="checkbox"/> None</p> <p><input type="checkbox"/> Diaphragm</p> <p><input type="checkbox"/> Condoms</p> <p><input type="checkbox"/> Foam</p> <p><input type="checkbox"/> Condoms &amp; Foam</p> <p><input type="checkbox"/> Rhythm</p> <p><input type="checkbox"/> Pills</p> <p><input type="checkbox"/> IUD</p> <p><input type="checkbox"/> Sterilization (self or partner)</p> <p><input type="checkbox"/> Depo Pravera</p> <p><input type="checkbox"/> Other</p>	<p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
--	--	---	---

If you are, or have taken birth control pills in the past, list the name or names of those pills: \_\_\_\_\_

\_\_\_\_\_

If sterilization has been performed, When? Date \_\_\_\_\_ Method? \_\_\_\_\_ Female?   
 Male?

#### Menstrual History

At what age did you begin having periods? \_\_\_\_\_ How many days do you flow? \_\_\_\_\_

How many days from the start of one period to the next? \_\_\_\_\_

Is the flow       Heavy       Medium       Light?      Clotting       Yes       No

Cramps?       Yes       No       Mild       Moderate       Severe?

Are your periods accompanied by: Nausea & Vomiting  ?      Diarrhea  ?      Light Headedness  ?

Do you bleed more than once a month?       Yes       No      If so,  rarely or  often?

Are your periods preceeded by:       sore breasts?       depression?       short temper?       crying?  
 craving for sweets?       bloating?       fatigue?       feeling ill?

Are your periods accompanied or preceeded by headache?       Yes       No      If so, are these headaches  Migraine or  Non-migraine?

How long before your period do you have these symptoms? \_\_\_\_\_

How long have you been having these symptoms?       months       years.

Do you ever skip periods?       Yes       No      How often? \_\_\_\_\_ times per year.

Have you stopped having periods?       Yes       No      When? \_\_\_\_\_

Do you experience hot flashes?  Yes       No       I have in the past.

## Health History

**Obstetrical History: # of times pregnant** \_\_\_\_\_

How many of the above number of pregnancies were born prematurely? \_\_\_\_\_

How many of the above number of pregnancies were miscarriages? \_\_\_\_\_

How many of the above number of pregnancies were aborted? \_\_\_\_\_

How many living children do you have? \_\_\_\_\_

Deliveries: No.	Born mo/yr	Weight at birth		Baby's sex	Weeks preg.	Type of delivery	Complications	
		lb.	oz.				Yes	No
1	/	lb.	oz.				<input type="checkbox"/>	<input type="checkbox"/>
2	/	lb.	oz.				<input type="checkbox"/>	<input type="checkbox"/>
3	/	lb.	oz.				<input type="checkbox"/>	<input type="checkbox"/>
4	/	lb.	oz.				<input type="checkbox"/>	<input type="checkbox"/>
5	/	lb.	oz.				<input type="checkbox"/>	<input type="checkbox"/>

Have any of the female members of your family (mother, sisters, aunts, grandmothers) experienced difficult labors or deliveries? If so, please indicate who and describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Do you douche on a regular basis?  Yes  No If yes, with what? \_\_\_\_\_

**Gynecological Complaints - Patient**

	Yes	No	<i>In the Past</i>	<i>Current</i>	<i>If yes, please explain</i>
Breast Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Vaginal Discharge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> White <input type="checkbox"/> Clear <input type="checkbox"/> Yellow <input type="checkbox"/> Thick <input type="checkbox"/> Thin <input type="checkbox"/> Itching <input type="checkbox"/> Rash <input type="checkbox"/> Odor <input type="checkbox"/> Burning
Pelvic Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Pelvic Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Pelvic Infections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Venereal Diseases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Infertility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	How long? _____
Urinary Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Leaking of Urine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	When: <input type="checkbox"/> coughing <input type="checkbox"/> lifting <input type="checkbox"/> sneezing <input type="checkbox"/> exercising <input type="checkbox"/> laughing <input type="checkbox"/> on the way to the bathroom
Bowel Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Previous Abnormal Pap	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Date: _____
State reason for today's visit:	<input type="checkbox"/> Routine Checkup Only <input type="checkbox"/> Other _____ _____ _____				